



INSTRUCTIONS



1. Remove product from packaging.
"U" – Upper whitening tray
"L" – Lower whitening tray



2. Position upper tray on teeth.



3. Bite firmly, then suck on tray for 2 seconds.



4. Remove colored outer tray, leaving the white inner tray on teeth. Repeat the process for the lower tray.



5. After indicated wear time, remove whitening trays and brush teeth.

Note: Whitening gel does not need to be in contact with every surface of the tooth to be whitened.

Manufacturer's recommended wear time: 10% for 30–60 minutes and 15% for 15–20 minutes or as indicated by your doctor.

